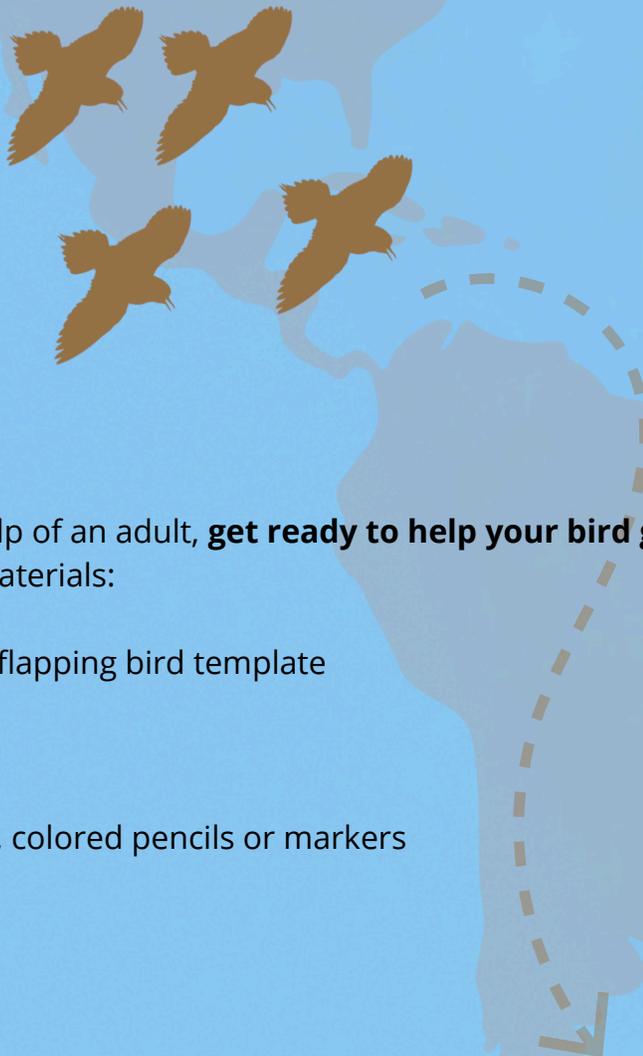


Ready, Set, FLAP!

After breeding many Migratory birds fly south, from the north of North America to wintering grounds in the southern U.S., Caribbean and Central and South America. Sometimes these journey cover thousands of miles! Some birds, like the American Golden-Plover, have seriously long migrations. Flying 1000s of miles nonstop over the ocean until they reach their final destinations.

Because they have so far to go, golden-plovers fly at high speeds. Studies tracking the birds found they averaged over 30 mph—that's as fast as a car driving on a main road. Sometimes they even reached more than 80 mph, during their long flights over the ocean!

In this activity you're your own paper bird so it can be ready for its own long journey!

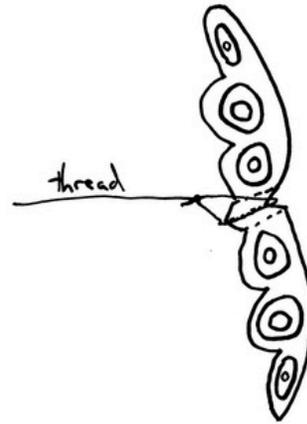
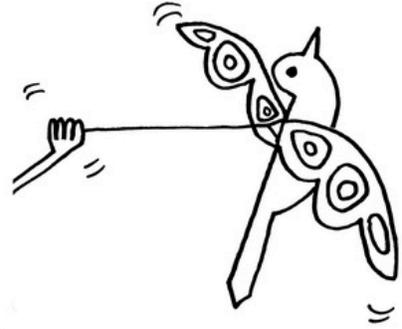
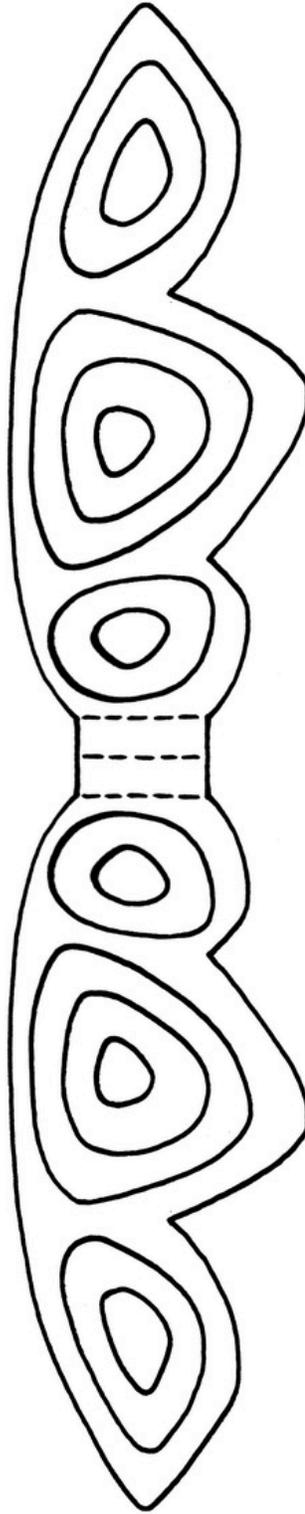
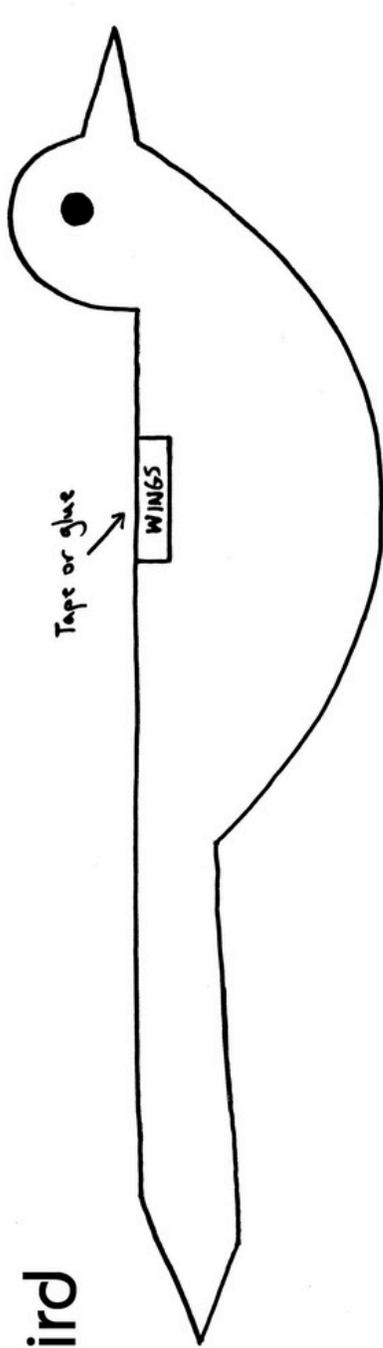


With the help of an adult, **get ready to help your bird get its wings** by gathering the following materials:

- printed flapping bird template
- scissors
- glue
- string
- crayons, colored pencils or markers

made by **JOEL**

Flapping Bird



1. Color your bird and wings.
2. Cut bird and wings out with scissors.
3. Fold wings, then tie on piece of thread.
4. Tape or glue wings onto bird.
5. Start flapping!

Here's what you need to do:

Step 1: Get creative! Grab your crayons or markers and color your bird and its wings! You can color it to look like a real American Golden-Plover or color your own unique design. Once you're done coloring, cut out the bird and the wings. You can ask an adult to help you.

Step 2: Don't forget to color both sides! Flip your bird over and color the other side. This is so your bird looks great from every angle as it flies.

Step 3: Fold the Wings This is the trick to making your bird fly! First, fold the wings down along the dotted line in the middle. Then, fold the outer edges up along the other two dotted lines. The wings should now look a little bit like a "W."

Step 4: Attach the Wings. Take your string and tie it around the middle of the folded wing piece. Then, put some glue on the spot marked "Wings" on your bird's back and stick the wings on.

Step 5: Make it Flap! Once the glue is dry, hold your bird and gently pull the string up and down. Watch as your bird flaps its wings and gets ready for its big journey!