

The Swainson's Warbler eat a wide variety of insects that live on the ground, including ants, bees, wasps, crickets, grasshoppers, katydids, bugs, flies, beetles, caterpillars, as well as centipedes, spiders, and eggs of many insects and spiders. They forage almost entirely on the ground, walking slowly through leaf litter and flipping over leaves to search for food.

If you were a Swainson's Warbler, what kind of tasty bugs would you find in your backyard?

We would like you, together with a trusted adult, to go on a Bug Hunt!

Remember you are only LOOKING at the bugs. Some bugs can bite or sting, so you DO NOT need to TOUCH or COLLECT them.

Instead, if you have a camera or a phone you can take pictures of the bugs you see or ask the adult you're with to take pictures for you.

Bugs like different types of weather, some like hot & dry weather , others like cool & rainy weather , and some avoid flying on windy days. Some bugs are also easier to see at certain times of year, so you may not find all. That's okay! You could try again on another day, see how many of the bugs listed below you can spot- will you see them all?

For older children (7 years and older), you can turn it into a competition by trying to find the most bugs in 15 minutes. The child who finds the most bugs, wins the Bug Hun

