Hummingbirds are tiny, brightly coloured birds with thin and pointed beaks. They have unique body parts to help them find food and protect themselves. Let’s take a closer look at some body parts below.

**Wings.** They are quite the masters of flight. Hummingbirds can fly backwards and can hover for long periods of time by moving their wings in a figure-of-eight (8) pattern.

**Beak & tongue.** Their long narrow beaks and tongues are specially designed to help them drink nectar from flowers.

**Feet.** Their feet are super tiny and do not add much to their total body weight which allow them to fly quickly. Hummingbirds’ feet are only really strong enough for perching on branches.

**Tail feathers.** Their loosely attached tail feathers can be pulled out by predators, if caught from behind. This gives them a chance to escape!

They are truly winged gems.

Below is a super fun hummingbird button art project that you can hang in your room when you’re done.
You will need an adult to help you find and use the following:

- Hummingbird silhouette (below)
- Pencil
- Markers or paint
- Scissors
- 8” Paper or plastic plate
- Tacky glue
- Q-tips
- Glitter
- Buttons (different sizes and colours)*
- Beads, rhinestones (optional)
- Hole puncher
- Twine or yarn

*If you are using the Vervain Hummingbird as inspiration for your artwork you will need; brown, green and white buttons.
Now that you’ve got all the materials, you’re ready to begin.

1. Use the hole puncher to punch a hole at the top.
2. You can paint the circumference of the plate to add a little pop of colour. If you use paint, allow it to dry before going to the next step.
3. Print and cut out the hummingbird silhouette.
4. Lightly trace the hummingbird silhouette onto your plate.
5. Use the Q-tip to outline the hummingbird, including its beak, on your plate with glue. Then add the glitter. Allow to dry completely before shaking off the excess glitter.
6. Once completely dried, glue your buttons (and/or beads and rhinestones) inside the hummingbird silhouette. Use another q-tip to apply the glue to the buttons to prevent glue from oozing through the button holes.
7. After the buttons have dried, pass the twine or yarn through the hole and hang in your room to enjoy year round!

Here are some examples of completed button art: