The Caribbean is full of endemic birds.
But what are endemic birds?

Endemic birds are birds that are only found in a particular area. For example, a bird found only in the Caribbean is endemic to the Caribbean. A bird found only on Jamaica is endemic to Jamaica. 171 kinds of birds are endemic to the Caribbean. This means they don’t live anywhere else in the world.

About a third of the birds that live in the Caribbean are endemic. That’s a lot! Some of them are found on many islands, but many live on just one island. The Caribbean has lots of endemic birds because it has lots of islands.

Why are there so many in the Caribbean?

Some birds travel thousands of miles to their nesting areas and back each year. Other birds live their whole life in the area where they were born. Sometimes birds that don’t usually travel arrive on a new island by accident. This can happen when a big storm blows them to a new place. Once they get to a new island, they may stay put in their new home if conditions are right.

But what if this new island is different from the one they came from? If the birds came from a hilly island and landed on a flat one, they might need to change their way of life. Maybe the birds need to eat different food or make nests in different places. Over time, the offspring of these birds adapt to their new home. Over thousands of years, they can become a new species—an endemic species that only lives on one island.
Why are endemic birds important?

Having unique birds makes the Caribbean special. Each part of the Caribbean has its own special birds, just like each island has its own special foods and cultural traditions. Celebrating these birds is a way of celebrating something that is found nowhere else in the world.

But we also have to protect our endemic birds. If we don’t protect them and the wild places where they live, they could disappear from the earth forever.

**Some of our endemic birds are already very rare.**

**Without our help they could become extinct.**

As you colour these vibrant birds and learn about them, you will also take a tour of the Caribbean. Each bird has its own story and its own home. Some of these birds even live where you do. Your choices can help these birds. Read more to learn what you can do to make sure these birds always have a place on your island.
Some birds are endemic to just one island or country. The numbers on this map tell you how many species of endemic birds are found in only one country. Other birds are endemic to a group of islands and can be found across a region.
171 Endemic Birds in the West Indies

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Other birds are endemic to a group of islands and can be found across a region.
Many of the unique birds in the Caribbean are in danger. Different birds face different problems. Here are a few of these threats:

- Some birds are losing their homes. Many birds need a special type of habitat to make their home, like a forest or a marsh. When people clear these areas to build cities, the birds don’t have anywhere to live or raise their families.

- Birds can be hurt by animals that don’t belong in the Caribbean. Humans brought many new animals to the Caribbean. Sometimes it was on purpose, but often it was by accident. Many of these animals can hurt birds. Rats can eat bird eggs and mongooses can eat birds. If there are too many goats in one place they can eat all the plants, leaving less habitats for birds.

- People hunt and capture birds. Some birds are hunted for food and others are put in cages to be sold as pets. But wild birds belong in the wild.

- Hurricanes and other natural disasters can kill birds and destroy their homes. Birds have great survival skills, but if a bird is already in danger in other ways, a big storm can be really bad. On a small island there may be nowhere for them to go to get away from a storm. It is important to help birds all the time so they are strong when a storm comes.

You Can Help Birds!

**Plant a Tree**
You can help birds by planting a tree in your backyard or school. Or you can make a garden with lots of flowers and shrubs that birds like. Trees provide food and shelter for birds. Native trees are the best. Native plants and native birds have adapted together over time to help each other. You can ask your teacher or a local nature group what trees and flowers are best on your island.

**Keep Your Island Clean**
Litter is bad for animals and wild spaces. Especially plastic, which can stick around for hundreds of years. Birds and other animals can get sick and die if they accidentally eat plastic. You can make a difference. Avoid buying plastic if you can, and never throw trash on the ground. You can even organize a clean-up day to pick up trash around your school or home.

**Protect Birds from Pets**
Cats and dogs are great pets, but if you let them outside on their own, they can hurt or kill birds. It’s not because they are bad, but it is their natural instinct. You can love your pets and protect birds at the same time. Keep your dog on a leash when you are out in nature and keep your cat indoors.
PARTS OF A BIRD

Knowing the parts of a bird can help you colour them. Each part has a different name. What colour is the crown, the throat, the wing or the tail? The colouring key on the cover is easier to use when you can name each part of a bird.

If a bird has:
- a black head,
- a white eyebrow stripe,
- and a yellow belly...

maybe it is a Bananaquit!

Hummingbirds have long bills to dip into flowers and drink the sweet nectar.

A bullfinch has a short, thick bill for breaking open tough seeds.

Owls have huge eyes for seeing in the dark.

When you know the parts of a bird, you can draw it and describe it. This is one way bird scientists can tell one kind of bird from another. You can do it, too!

The shape of each part tells you how a bird lives.
This bird wears lots of colours. Males are dark with orange bellies. Females are mostly green. Both of them have bright blue on the top of their head. On the island of Dominica, they are called Christmas Bird because they like to eat mistletoe.
This bird is the smallest bird in the world, not much bigger than a bumblebee! But it has a big appetite. Each day it can visit 1,500 flowers to feed on nectar, eating up to half its weight. At the same time, it pollinates the plants, helping them to grow and multiply. This bird lives only in Cuba.
What’s that drumming sound? The Guadeloupe Woodpecker finds tasty insects by digging into trees with its beak. It also talks to other woodpeckers by beating out a rhythm. Woodpeckers are very important to other birds that nest in cavities. They make nests in the holes woodpeckers drill in trees.
The small island of Barbuda is the only place in the world where this yellow and silver-gray beauty lives. The lively little Barbuda Warbler is one of the rarest in the world – only about 1,000 are left. We need to protect its forest home in Barbuda, where it lives and hunts for insects.
Hispaniolan Woodpecker *Melanerpes striatus*

**Feathery Facts**

A natural carpenter, the Hispaniolan Woodpecker uses its beak to carve a nest hole in a tree. After it raises its own **chicks**, many other kinds of birds use the empty cavity for their own **nests**. Without the woodpecker, those birds would have no place to nest and their chicks would have no home.
**Grenada Dove** *Leptotila wellsi*

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**Feathery Facts**

The Grenada Dove lives only in dry forest near the sea. Found only on Grenada, it has few places to live and it is very rare. There are only about 160 left in the world. Its forest home needs protection for it to survive. It also needs protection from non-native mongooses, which eat adults and young birds.
This shy bird is often called the Yellow-legged Thrush. It only lives on four islands: Montserrat, Guadeloupe, Dominica and St. Lucia. Its preferred habitat is mountain forests and swamp forests. It sings a soft musical song, mainly before sunrise.
Bahama Woodstar *Nesophlox evelynae*

The star of Bahamian forests and gardens is the beautiful Bahama Woodstar. Only the males have a patch of glittering purple on their chin. When they fly, you can see that males have forked tails and females have rounded tails. Male and female birds often look different from each other.

**FEATHERY FACTS**

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Adelaide’s Warbler  Setophaga adelaidae

FEATHERY FACTS

This little bird has a sunny yellow belly and it sings a sweet song. It hops around on branches, searching for insects to eat. It is only found on the island of Puerto Rico. There, they call it Butterfly Eater or Reinita Mariposera in Spanish. Maybe that’s because it likes eating caterpillars.
This bird lives mostly in the mountains on the island of Hispaniola. It wakes up at dawn to sing its song. After that, it heads to the ground to look for insects and worms to eat. It likes to make its nest out of moss. It is an endangered species because its forest home is being cut down.
These bright green birds love a crowd. Sometimes you can see dozens of them together in a flock. They can live in forests, farms, and sometimes even cities. When they fly, you can see the red on their wings. They live only on Hispaniola.
Bahama Yellowthroat *Geothlypis rostrata*

**FEATHERY FACTS**

This bird can only be found on six islands in The Bahamas. It looks like its North American cousin, the Common Yellowthroat, which visits every winter. Each prefers different types of homes, called *habitats*. The Bahama Yellowthroat lives in forests and the Common Yellowthroat lives in wetlands.
Antillean Siskin *Spinus dominicensis*

**Feathery Facts**

This little bird lives in the mountains of Haiti and the Dominican Republic. Its favourite place to live is in pine forests high up in the mountains. It feeds on fruit and seeds. As people take over wild spaces, it has fewer places to live.
These tiny hummingbirds are named after the sparkling green of their feathers. They use their long pointed beaks and tongues to feed on insects, spiders, and nectar from flowers. The males’ feathers are especially bright - to attract females. Often male birds are more colourful than females.
This parrot is green, with white on its forehead and red on its belly. They love eating fruits, berries, seeds and nuts. They always talk to each other while they eat. Their natural habitat is forests but because of habitat loss, they have fewer places to live.
The male of this tiny hummingbird has a tall spiky mohawk. Its feathers are a sparkling green when they catch the light. They spend their days visiting flowers to drink nectar. When building their tiny nest, they use spider webs to hold it together.
Cuban Tody *Todus multicolor*

What’s a Tody? It’s a tiny bird living only in the Caribbean. Cubans called their Tody *Cartacuba*. It eats mostly insects. Its colours are bright green, pink, red, and blue. It makes its nest in a long tunnel underground. It has a huge appetite and can catch about 2 insects every minute all day long!

**FEATHERY FACTS**

- Caribbean Sea
- Atlantic Ocean
- My Home
- Caribbean Sea

![Image of Cuban Tody](image-url)
Caribbean Sea

The black on its head gives this bird its name, but it is also gray, white and yellow. It is only found on the island of Hispaniola. This bird lives all over the island in any habitats with trees. Its nickname in Spanish is Quatro Ojos which means “Four Eyes”. Can you see how it got this nickname?
These ducks live in many parts of the Caribbean, but they are not as common as they once were. They need wetland habitats like mangroves and ponds to survive, but many of these have been destroyed. They are mostly active at night. Sometimes they roost or nest in trees. Have you ever seen a duck in a tree?
This little bird is **endemic** to Cuba. It was discovered in 1927 in the Zapata Swamp. Since then, it was found in two other parts of Cuba. In each area, the sparrows look a little different. They also live in different kinds of **habitats** like grasslands, forests, and scrub.
Imperial Parrot *Amazona imperialis*

Feathery Facts

The Imperial Parrot lives only on Dominica. There they call it the Sisserou. It is Dominica’s national bird and is even on the country’s flag. There may be less than 300 birds left; it is an **endangered species**. The people of Dominica are working to save them - this is called **conservation**.
Bridled Quail-Dove *Geotrygon mystacea*

**FEATHERY FACTS**

If you are in the right place and walk quietly, you can hear this bird calling “who whoo.” But it is much harder to see it. It is usually on the forest floor or in low tree branches and it blends in with its surroundings. It eats mainly seeds and fruits, but sometimes gobbles up a gecko.
Once upon a time, the Golden Swallow lived in Jamaica and Hispaniola, feeding on insects and nesting in caves. But no one has seen it in Jamaica for many years, and we probably never will again. Sometimes a bird lives on only one island because it is gone from everywhere else it used to live.
Scaly-naped Pigeon  *Patagioenas squamosa*

FEATHERY FACTS

This pigeon has beautiful purple-red feathers on its head and neck that sparkle in the sun. The feathers on its **nape** look like fish scales, which is how it got its name. It lives in **forest** habitats, especially in the mountains. It eats fruit and seeds and makes a nest of twigs in a tree branch.
The Bananaquit loves sugar so much that many people call it the Sugar Bird. In the wild, it gets sugar from flower nectar. But if you leave a bowl of sugar outside it will eat that, too. Bananaquits live all over the Caribbean, but on each island they look a bit different.
The St. Vincent Parrot is the national bird of St. Vincent and the Grenadines. It is very colourful with white, yellow, orange, brown, green, blue, and black feathers. Like most other parrots, it faces the threats of habitat loss and capture by people who want to sell it as a pet.
**Western Spindalis *Spindalis zena***

**FEATHERY FACTS**

This colourful songbird lives in The Bahamas, Turks and Caicos Islands, Cuba, and the Cayman Islands. It mostly eats berries. It can live in different habitats, like pine forests, mountain forests, brushlands, and gardens. The male has bold stripes on its face; the female is more plain.
The Cuban Grassquit is endemic to Cuba. The male has a black face ringed in bright yellow. It likes to live in dry areas where it can find its favorite food: small seeds. With a beautiful song and bright colours, many people want to keep these birds as pets. But we should allow wild birds to stay free.
The national bird of the Dominican Republic is the Palmchat. It loves to nest in palm trees and is often seen in noisy flocks in treetops. They live in groups and even build their nests together. This is called **communal nesting**. Sometimes, 30 nests can be woven together in one structure.
This bird has a very long tail and a curved beak. Its favorite foods are lizards and insects, which it chases around in the trees. You can find it in many different habitats, from gardens and farms to mountain forests.
This little bird only lives in a few mountain forests in Puerto Rico. It actually wasn’t discovered until 1969, long after most birds were already discovered. This rare bird feeds on insects. It often flocks together with other birds. This may explain how it remained undetected for so many years.
This shy and secretive bird lives only in Jamaica. It has many names there: Mountain Witch, Blue Dove and Blue Partridge. It bounces its head and bobs its tail as it walks along. On the forest floor, it finds seeds, fruits, and bugs to eat.
Jamaican Lizard-Cuckoo *Coccyzus vetula*

**FEATHERY FACTS**

This long-tailed bird runs along branches in trees looking for lizards, large insects, and even baby birds to eat. It has a red ring around its eye. Even though it is big and colourful, it can be hard to see because it stays hidden in lower branches. In Jamaica, people call it Old Woman Bird.
These birds like to work together. After young birds learn to fly, they will stay in the area and help their parents raise the next batch of chicks. This is called cooperative breeding. They also make loud chattering alarm calls to warn each other of danger.
FEATHERY FACTS

These owls are one of the smallest in the world. They are **endemic** to Cuba and found all over the island. Unlike some owls, Cuban Pygmy-Owls are often seen and heard during the day. They also nest in tree **cavities**, where they have three or four **chicks** called owlets.
The Cuban Trogon is the national bird of Cuba. It is red, white, and blue, like the Cuban flag. It has a long tail with an unusual shape. Instead of building its own nest, it uses cavities made by woodpeckers. In Cuba they call it Tocororo. Its call sounds like its Spanish name: toc-toc tororororororo
Puerto Rican Woodpecker  *Melanerpes portoricensis*

You might find the Puerto Rican Woodpecker anywhere where there are trees in Puerto Rico. Like other woodpeckers, they drill holes into trees to find insects. Unlike most woodpeckers, they also eat fruit. This bird has a bright red throat and breast, black back, and white forehead.

**FEATHERY FACTS**

Atlantic Ocean

Caribbean Sea

*MY HOME*
Once Puerto Rican Parrots were common. Now they are very rare—an **endangered species**. They face many dangers like hurricanes, **habitat loss** and capture to keep as pets. There were as few as 13 in the wild. Because of **conservation**, today there are more, but still less than 100 flying free.

**FEATHERY FACTS**

- Caribbean Sea
- Atlantic Ocean
- My home

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*Puerto Rican Parrot* *Amazona vittata*
Feathery Facts

This large hummingbird lives in mountain forests. Males and females have the same colours, but different bill shapes. Males have a smaller, straighter bill and females have a longer, more curved bill. Both drink nectar, but they feed from different flowers that fit the shapes of their bills.
The Sad Flycatcher is endemic to Jamaica, it can only be found there. Jamaicans call it Little Tom Fool because it tends not to move even when people get close. It usually perches in an open area, flying out to catch flying bugs and beetles. It also eats small fruits.
The Red-legged Thrush has red legs, but it also has a red bill and red eyes. It eats many different things, like seeds, berries, and insects. It protects its nest by flying at anything—or anyone—that comes near it. It is often seen hopping on the ground with its tail held upwards.
The Puerto Rican Bullfinch is called Comeñame in Spanish. This bird lives only in Puerto Rico, but it has some “cousins” living on other Caribbean islands. If the same species of bird lives on different islands, they can change over time until they become unique species. This is called evolution.
This shiny green hummingbird lives only in Jamaica, where it is called Doctor Bird. The male has a very long tail—much longer than his body! It got its name from its black head and long tail, like an old-fashioned doctor. Its nest, built by the female, is a tiny cup. It is the national bird of Jamaica.
Living only in Jamaica, this bird is called the Chick-man-Chick because of its call. Its other local name is Hopping Dick. It hops along the edges of country roads or flower beds looking for insects, lizards, and frogs to eat. It has a bright orange bill and legs. It’s an easy bird to spot!
A bright black and yellow bird, this oriole is endemic to Montserrat. It is their national bird, but it is also threatened with extinction. Since 1995, volcanic eruptions on Montserrat have destroyed much of the forest that these birds live in. The female builds a nifty hanging basket nest.
This dove is **endemic** to Cuba meaning it only lives in Cuba. It walks around on the forest floor, where it finds fruits, seeds, and insects to eat. The top of its head is bright blue. These doves usually travel in pairs, but sometimes you can see them in larger groups.
The Cuban Parrot lives in Cuba, but also in the Cayman Islands and The Bahamas. In The Bahamas, they call it the Bahama Parrot and in the Cayman Islands it’s called the Cayman Parrot. It is mostly green, but has white on its head and pink on its throat. They love to eat fruit and make a lot of noise.

FEATHERY FACTS

The Cuban Parrot lives in Cuba, but also in the Cayman Islands and The Bahamas. In The Bahamas, they call it the Bahama Parrot and in the Cayman Islands it’s called the Cayman Parrot. It is mostly green, but has white on its head and pink on its throat. They love to eat fruit and make a lot of noise.
The Yellow-billed Parrot lives only in Jamaica. It nests in cavities in large trees in mountain forests, but it will fly to other places to find fruit or other food it likes. There are only a few forests left where it can nest. Without them, this beautiful bird won’t survive.
The Hispaniolan Trogon is the national bird of Haiti and **endemic** to the island of Hispaniola. In Haiti, they call it *Kanson Wouj*. It has a green back, a red belly, and a long blue and white tail. It mostly lives in the mountains where there are **forest** habitats.
This beautiful hawk has broad wings and a tail that fans out. It is endemic to Hispaniola and an endangered species. Only a few hundred live in the wild, mostly in the Dominican Republic. People are working hard to save this hawk. If an animal becomes extinct, it will never be seen again.
Create your own bird colouring pages for your favourite bird! Or draw an imaginary bird!
Word Search

Find the glossary words listed below. Words can be horizontal, vertical, diagonal and backwards.

bill  cavity  chick  endemic  evolution  extinct

flock  forests  habitat  mangrove  nape  nectar

nest  pollinate  roost  species  wetland
Haiku

Japanese haiku is a form of poetry with only three lines. The first line contains five syllables, the second line has seven, and the third line with five, expresses surprise or discovery.

For example:

Doctor Bird flies fast
To come visit his patient
Which is a flower

Only in Cuba
Bee Hummingbirds fly about
The world’s smallest bird

Windsparks

Line 1: “I dreamed”
Line 2: “I was” (someone or something)
Line 3: Where
Line 4: Action
Line 5: How

For example:

I dreamed
I was a Sad Flycatcher
Out on a branch alone
Watching
Hungriely
Vertical Poem

Choose a word that captures your feelings, and use the first letter of the word to begin each line of your poem. For example:

E __________________________________________
N __________________________________________
D __________________________________________
E __________________________________________
M __________________________________________
I __________________________________________
C __________________________________________

Cinquain

Cinquains have five lines, which follow a set formula:
Line 1: The title in 2 syllables (or 2 words)
Line 2: The description of the title in 4 syllables (or 4 words)
Line 3: A description of an action related to the title (6 syllables or 6 words)
Line 4: A description of feelings (8 syllables or 8 words)
Line 5: Another word for the title in 2 syllables or 2 words.

________________________________________
________________________________________
________________________________________
________________________________________
________________________________________

For example:

Little Bananaquit
Hungry yellow-breasted bird
Flying from one flower to another
I love it when you come to me
Sugar bird
Bird Identification Quiz!

Can you identify these birds by their shapes?

Many birds can be recognized by their size, the way they stand or fly, or the shape of their body parts. Depending on the light, sometimes all you can see is the outlined shape of a bird—this is called a silhouette.

Try to notice any clues about these silhouettes that may help you figure out what type of bird they are.
**bill** ... The hard parts of the mouth of the bird, sometimes called a beak.

**cavity** ... An empty space inside a solid object, like a hole in a tree.

**chick** ... A young bird, especially one that is newly hatched.

**communal nesting** ... Occurs when more than one pair of birds builds their nests together in the same place.

**conservation** ... The protection and wise use of natural resources (including plants and animals and their habitats).

**cooperative breeding** ... Occurs in birds when chicks are raised not just by their parents, but their brothers and sisters and other relatives.

**endangered species** ... Species whose total population is declining to low numbers such that, if the decline continues, it will result in extinction.

**endemic** ... A species found only in a particular place. For example, one island (like Guadeloupe) or a group of islands (like the Lesser Antilles).

**evolution** ... A very slow process that results in one species giving rise to others that are better adapted to the places where they live.

**extinct** ... When there are no more left in the wild.

**flock** ... A group of birds of one kind feeding, resting, or traveling together.

**forests** ... A large area covered by trees. There are many types of forests like wet and dry forests (which receive different amounts of rain), montane forests (in the mountains), and mangrove forests (which are made up of mangrove trees).

**habitat** ... The place where a plant or animal lives. Good habitats provide the weather conditions, food, and cover that they need to live and breed.

**habitat loss** ... Occurs when the place where an animal or plant lives is destroyed or extremely changed. For example, habitat loss of forests happens when the trees are cut down and the land is used for something else, like farming or building homes or businesses.

**mangrove** ... Tropical and sub-tropical trees that grow in saltwater.

**nape** ... The back of the neck.

**native species** ... A species that occurs naturally in an area.

**nectar** ... A sugary liquid that comes from plants, usually inside the flower.

**nest** ... A structure or place that a bird uses for laying eggs and raising chicks.

**non-native species** ... A species that has been brought into a geographical area where it never lived before. They are also called introduced, exotic or alien invasive species and they often harm local species by taking over their habitats or preying on them.

**pollinate** ... The process that allows plants to reproduce (have babies).

**roost** ... A place where birds regularly rest.

**species** ... A group of the same kind of animal (or plant) that shares common traits like size, color, habitat, and even the sounds they make.

**wetland** ... Places that are wet, soggy or flooded by fresh or salt water permanently or from time to time. They include mangroves, swamps, ponds, lagoons, marshes, and mudflats.