



# BIRDSCARIBBEAN BIRDWATCHING TRIPS TO CUBA 2016

## JOIN BIRDSCARIBBEAN & ACCLAIMED CUBAN BIRD GUIDE, ERNESTO REYES MOURIÑO, ON THE ADVENTURE OF A LIFETIME

Cuba is well-known for its amazing landscapes, vibrant culture and unique biodiversity. According to the new *Endemic Birds of Cuba: A Comprehensive Field Guide*, **371** birds have been recorded in Cuba, including **27** which are endemic to the island and **30** which are considered globally threatened. Due to its large land area and geographical position within the Caribbean, Cuba is also extraordinarily important for Neotropical migratory birds—more than **180** species pass through during migration or spend the winter on the island.



Cuban Tody by Ernesto Reyes

Our itinerary takes you to several of the best and most beautiful birding locations in Cuba, providing opportunities to see many of Cuba's endemic species and subspecies as well as many migrants. Along the way, we will meet people in local communities, stay mainly in Bed & Breakfast establishments (*casas particulares*) and eat in private restaurants (*paladars*), allowing you to experience Cuba's rich culture, delicious food, friendly people, and generous hospitality.

BirdsCaribbean is offering two tours in 2016: a 7-day trip in January and a 10-day trip in March. Information on the January trip is below. Traveling with us helps Caribbean birds as a portion of the proceeds from the trip supports our bird conservation programs in Cuba and the Caribbean. With new relations opening up, this is the perfect time to take your birding trip to Cuba, don't delay!

### ITINERARY (7 DAY TRIP) - 23-30 JANUARY 2016

- **Day 1 (Havana):** Meet up with our Cuban bird guide, Ernesto Reyes. Depending on arrival time, afternoon visit with Orlando Garrido, greatly respected naturalist and author of the *Endemic Birds of Cuba: A Comprehensive Field Guide* for meaningful interaction about the protection of Cuban endangered and endemic species. Overnight in or just outside of Havana.
- Day 2 (Zapata): Early breakfast and check out. Departure to Zapata Swamp (2 hours), the third largest wetland in the Americas and one of the best places to birdwatch in Cuba. About 254 species have been recorded for Zapata. It is a Biosphere Reserve and a Ramsar Site, where it is possible to see 21 Cuban endemics. Bird watching along the way. Check-in at B&B followed by afternoon birding locally.
- **Day 3 (Zapata):** Early breakfast and departure for **Bermejas** (45 minutes) for birding in mixed forest habitat (flat, easy-walking trail system 2+ miles). Excellent chance for Bee





Hummingbird, Grey-fronted Quail-Dove, Key West Quail-Dove, Ruddy Quail-Dove, Cuban Parrot, Cuban Blackbird, Cuban Bullfinch, Loggerhead Kingbird, Bare-legged Owl and Cuban Pygmy Owl. The threatened Cuban Parakeet, Fernandina's Flicker, and Blue-headed Quail-Dove are also likely.

Afternoon birding in the exquisitely beautiful **Enigma de las Rocas Trail**, with its *"cenotes"* (sink holes), where there is an excellent chance for the Key West Quail-Dove, Western Spindalis, Cuban Bullfinch, Cuban Peewee, La Sagra's Flycatcher, and Barn Owls.

Day 4 (Zapata): Breakfast and very early departure for La Turba (20 min) to look for the Red-shouldered Blackbird, Zapata Wren and Zapata Sparrow, among Cuba's most limited-range endemic birds. We should also see Cuban Vireo and Cuban Oriole. We also hope to spot the Red-legged Honeycreeper, Quail-Doves and others. Afternoon head to Las Salinas Refuge (nearby flat, dry-dirt roadway 1+ miles). Habitat is varied among low, dense forest, mangrove, marsh, and open wetlands. Here we are likely to encounter the endemic Cuban Black Hawk as well as numerous shorebirds and water bird species, like Spoonbills and American Flamingos, too. Drive to Viñales.

Day 5 (Viñales): Breakfast and departure to Viñales Valley, the land of tobacco farms and beautiful landscapes with limestone formations called *mogotes*. Bird watching along the way, looking for Snail Kites and waterbirds in dams built near to the highway. Check-in at B&B. During the afternoon, birding and visit with Nils Navarro, renowned Cuban wildlife artist and naturalist and author of newly-published *Endemic Birds of Cuba*.



Viñales Valley with mogotes by Carrol Henderson

Day 6 (Viñales): Morning birding options nearby

in pursuit of endemic Cuban Solitaire, Cuban Grassquit, Cuban Tody, Cuban Trogon, Cuban-Green Woodpecker, Yellow-headed Warbler, Olive-capped Warbler, as well as some migrant species like warblers, tanagers and buntings.

**Day 7 (Viñales/Havana):** Depart Viñales and head to Havana (2 hours). Birding along the way with some stops along the way at dams and fish farms, near the road. Afternoon and night, city tour in **Havana** with diverse cultural activities.

Day 8: Departure to your country.

Number of Travelers: 8 to 12 plus guides

**Possible birds to see on this trip include:** Bare-legged Owl, Cuban Oriole, Bee Hummingbird, Blue-headed Quail-Dove, Gray-fronted Quail-Dove, Cuban Black- Hawk, Cuban Blackbird, Cuban Grassquit, Cuban Green Woodpecker, Cuban Parakeet, Cuban Parrot, Cuban Pewee Cuban Pygmy-Owl, Cuban Solitaire, Cuban Tody, Cuban Trogon, Cuban Vireo, Fernandina's Flicker, Gundlach's Hawk, Eastern Meadowlark (Cuban subspecies or possibly separate species: Cuban Meadowlark), Cuban Nightjar, Red- shouldered Blackbird, Tawny-shouldered Blackbird, Yellow-headed Warbler, Olive-capped Warbler, Zapata Wren, Zapata Sparrow, Cuban Crow, Cuban Emerald, and Cuban Bullfinch.





**Other species of interest include**: Great Lizard-Cuckoo, La Sagra's Flycatcher, Loggerhead Kingbird, Olive-capped Warbler, Key West Quail-Dove, Ruddy Quail-Dove, Zenaida Dove, Stygian Owl, American Flamingo, Wood Stork, Roseate Spoonbill, and a great variety of wading birds, and numerous other migratory and resident species.

#### The cost of the 7-day trip is \$3,500. This covers the following:

- Airfare from Tampa
- Visa
- Health insurance while in Cuba
- In-country transportation and driver through duration of trip
- Professional bilingual specialized bird guide (Ernesto Reyes)
- Group leaders (Joni Ellis & Lisa Sorenson)
- All lodging
- All meals and non-alcoholic beverages while in Cuba

#### Not included:

- Airfare to Tampa and possible overnight in Tampa to be in position to depart for Havana on Jan. 23<sup>rd</sup>.
- Tips, alcoholic beverages \$1-\$3
- Single supplement (may not always be available) add US\$200



Cuban Trogon by Nils Navarro

We are traveling to Cuba under a people-to-people license, which, under new regulations is now a general

license. People-to-people exchange programs are licensed by the OFAC Department of Treasury and will have a full-time schedule of educational exchange activities that will result in meaningful interaction between the travelers and individuals of Cuba.

To reserve your spot on the trip, fill out the registration form at this link

https://www.surveymonkey.com/r/CubaBirdTourJan2016. Submit your deposit of \$500 as soon as possible but by Nov. 30<sup>th</sup> latest. Balance can be paid in installments, with final payment due on **Dec. 30th**. Any questions, please contact trip coordinator/leader, Joni Ellis (Joni@OpticsfortheTropics.org), or trip co-leader, Lisa Sorenson (Lisa.Sorenson@BirdsCaribbean.org).

#### Click here to pay online with PayPal:

http://www.birdscaribbean.org/2015/11/birding-tours-of-cuba-in-2016-from-birdscaribbean Alternatively, send US check or money order made payable to BirdsCaribbean. Mail your check or money order to:

BirdsCaribbean c/o Jennifer Wheeler, Treasurer 4201 Wilson Blvd, Suite 110-174 Arlington, VA 22203, USA





#### About our Guide:

Ernesto Reyes Mourino <u>http://www.mycubabirdguide.com</u> is a biologist, award-winning wildlife photographer, conservationist, and bird tour guide with more than 15 years experience with birds in Cuba, Honduras, Dominican Republic and the Bahamas. He is well known as one of the premiere guides in Cuba with a keen ability to find and share Cuba's amazing birds and biodiversity. He is also a warm and wonderful person, taking great care to ensure that everyone enjoys the trip, with much kindness and good humor.

#### **Recommended Field Guides:**

- Endemic Birds of Cuba: A Comprehensive Field Guide, including West Indian Endemics Residing in Cuba, by Nils Navarro. <u>http://www.birdscaribbean.org/2015/10/groundbreaking-</u> endemic-birds-of-cuba-field-guide-available-now/ 2015. Ediciones Nuevos Mundos, 168 pp.
- Field Guide to the Birds of Cuba, by O. Garrido and A. Kirkconnell. 2000. Comstock Publishing Associates, Ithaca, NY, 253 pp.

#### Who is BirdsCaribbean

We are a vibrant network of members and partners committed to conserving Caribbean birds and their habitats in the insular Caribbean through education, conservation, science and action. As the leading nonprofit conservation organization in the Caribbean, we are the "hub" for all things "Caribbean Birds," Learn more at: <u>www.BirdsCaribbean.org</u> or find "Birds Caribbean on Facebook, Instagram and Twitter (@BirdsCaribbean). A portion of the proceeds from this trip will help support our conservation programs in Cuba and the Caribbean.

#### What is the Caribbean Birding Trail

The Caribbean Birding Trail is being developed to raise global awareness of the unique birds and biodiversity of the Caribbean and to create a sustainable economy around these rare species, in an effort to protect them. This new project is an initiative of BirdsCaribbean. We have partnered with and/or trained local tour companies and guides, have first-hand knowledge of the best birding and heritage sites to visit, and know the communities and NGOs that are working to conserve Caribbean birds and nature. Our tours are well-suited for birdwatchers, nature lovers, wildlife photographers, and anyone looking for authentic, unique, and revelatory experiences. Travel with us and know that your tourism dollars will bring benefits to the organizations, communities and people that will put it to the best use. Learn more at www.CaribbeanBirdingTrail.org.

#### **Rules, Terms and Legal Conditions:**

- Participants agree to indemnify BirdsCaribbean and its representatives, from any and all third party liability for any injuries, loss, claim, action, demand or damage of any kind arising from or in connection with participating in one of our field trips. Participants are required to sign a liability release form.
- BirdsCaribbean reserves the right to adjust the price of the tour if there is an unexpected increase in costs, or if the tour is not filled to a minimum capacity.
- BirdsCaribbean reserves the right to adjust the tour itinerary if unexpected circumstances warrant a change. Every effort will be made to provide a similar high quality experience.
- In case of cancellation by BirdsCaribbean, all deposits and payments will be refunded.
- Because we need to book flights that are nonrefundable, your deposit is nonrefundable. If you cancel your reservation between 70 and 30 days prior to the tour, you will receive a 50% refund of fees paid over the deposit. If you cancel less than 30 days, all deposits and payments are non-refundable, unless you can fill your space with another participant.





Assumption of Risk and Liability Release Form – must be filled out to register for this trip. Download it here: <u>http://www.birdscaribbean.org/2015/11/birding-tours-of-cuba-in-2016-from-birdscaribbean</u>